

Zip and Zap Go



Snip and Snap

How-To Guide To Hold Scissors

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PEDIATRIC OCCUPATIONAL THERAPY

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Thank you for purchasing "Zip and Zap Go Snip and Snap" a guide to hold scissors.

Our purpose for creating this guide was to provide adults with a step by step teaching tool for finger placement and snipping action. A story book format was chosen providing children an opportunity to listen and view instructions for finger placement. This story read over a period of time is intended to enhance your child's ability to recall instructions and make finger placement adjustments more independently.

Your child may find another suitable grasp to hold scissors and if it is functional then that grasp may be used. For example, children may prefer to place their middle (long finger) and ring finger in the bottom loop placing their index finger along the shaft of the lower blade. As we assist children with their ability to grasp scissors in turn they are developing hand function for other activities such as grasping crayons/markers for pre-printing and printing related activities. As students develop grasp patterns with scissors coordinating thumb, index and long finger (middle finger) they utilize the same (or similar) grasp patterns for holding writing and coloring tools.

Once children learn how to hold scissors they may be assisted with practicing opening/closing scissors before progressing to snipping. Our "Snipping Tails" eBook provides a developmentally sequenced approach to cutting with scissors.

Enjoy!



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To hold the scissors more efficiently,
Chip places her fingers carefully.
How did she do that so quickly?

Listen closely (Loudly)

Listen closely (Soft)

Listen closely (whisper)

Now you will see.

