

SUMMER GROUPS

Group: All groups are held under the large shelter at Lion's Park campground in St. Albert	S.P.O.T in the park (Speech & Language Pathology and Occupational Therapy, formerly Sensory Motor but now with Sue Kowton, SLP as well as OT!)	Printing One	Engine's Ready? (a self-regulation group based upon principles from How Does Your Engine Run?™ The Alert Program)	Cursive Writing
Dates:	July 12, 13, 14, 15, 16th Or August 16, 17, 18, 19, 20th	July 12, 13, 14, 15, 16th Or August 16, 17, 18, 19, 20th	July 12, 13, 14, 15, 16th	August 16, 17, 18, 19, 20th
Times:	9:30-11 a.m.	11:15-12:15	12:45-1:45 p.m.	12:45- 1:45 p.m.
Ages:	~3-5 years old (in preschool or kindergarten, will also accept 6 yo. children coming out of kindergarten)	~ 5-7 years old (coming out of KG or grade one)	~6-9 yrs old (going into grade 1, 2 or 3 in Sept. 10)	~8-11 years old (entering grade 3 or needing a review of cursive)
Description:	New & Improved this year, we will have a Speech & Language Pathologist joining the group to add language components to circle time, small groups and interspersed with our obstacle courses! This group provides children with varied sensory and motor activities in a playful and therapeutic atmosphere to enhance motor development and sensory exploration. Activities will target sensory play including tactile, pressure touch, vestibular, visual, oral & auditory. Children will participate in a variety of fine and gross motor games.	Children in this group will work on pencil grasp, in hand manipulation skills, letter formation (primarily lowercase), kinesthetic printing, shoulder stability and more! A different group of letters will be targeted each day. Group will start out with full body warm-ups and move into small group rotation through assorted activities	A new group for 2010! Children will learn concepts from The Alert Program® (www.alertprogram.com) and participate in activities to learn about what makes their engines run in high, low and just right. Parents will assist students with their "homework" at night to explore their own engines as well!	Similar to Printing One but focused on cursive handwriting.
Cost:	\$275	\$250	\$250	\$250

- Registration forms available at www.mindfulmovementinc.com. Please contact Rachel Devereux @ 780-916-5459 or rachel@mindfulmovementinc.com
- Cheques can be mailed to: Mindful Movement Inc, 10924-148 st., Edmonton, AB, T5N 3H7.