

**"How Does Your Engine Run?®"
The Alert Program®**

presented by:
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www.alertprogram.com

The book, "How Does Your Engine Run?" A Leader's Guide to the Alert Program for Self-Regulation is included with registra-

Registration form available at:
www.mindfulmovementinc.com
Register on-line, by fax or e-mail.
Contact
rachel@mindfulmovementinc.com
for more information.

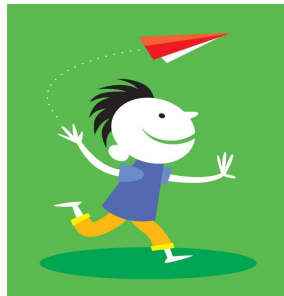
April 23rd & 24th, 2010
Fantasyland Hotel
Edmonton, Alberta

Objectives

This workshop is intended for a variety of professionals including OT's, SLP's, PT's, teachers, counselors and parents. All who attend will glean new information whether or not they have tried using the program.

Participants will be able to:

1. Implement the Alert Program in clinic, school or home settings with an individual or with groups of clients.
2. Interpret their own sensorimotor preferences thereby improving their ability to facilitate clients' self-regulation and attention.
3. Utilize new therapeutic/ educational activity ideas for home, school and therapy settings.
4. Apply novel methods to educate others about the basics of sensory integration and underlying theory of the Alert Program.



Alert Program Schedule

Day One

8:30 Registration (Continental breakfast)
9:00 Overview of the Alert Program
9:45 Underlying Theory and Teaching Tips
10:15 Break
10:30 Theory (continued)
12:00 Lunch (**on your own**)
1:15 "Detective Work"
2:15 "Hands On" Activities
2:45 Ways to Share the Theory
3:15 Break
3:30 Stage One
4:30 Implementation of Ideas
5:00 End of Day One!

Day Two

8:30 Continental Breakfast
9:00 Stage Two
10:15 Break
12:00 Lunch (**on your own**)
1:15 Stage Three
2:30 Considerations in Setting Up the Program
2:45 Planning Time in Small Groups: How will I begin (or continue) to use the Alert Program in my setting (snack food pick up)
3:30 Key Points to Success
4:00 Sharing New Activity Ideas
4:45 Summary
5:00 End of Day Two!